

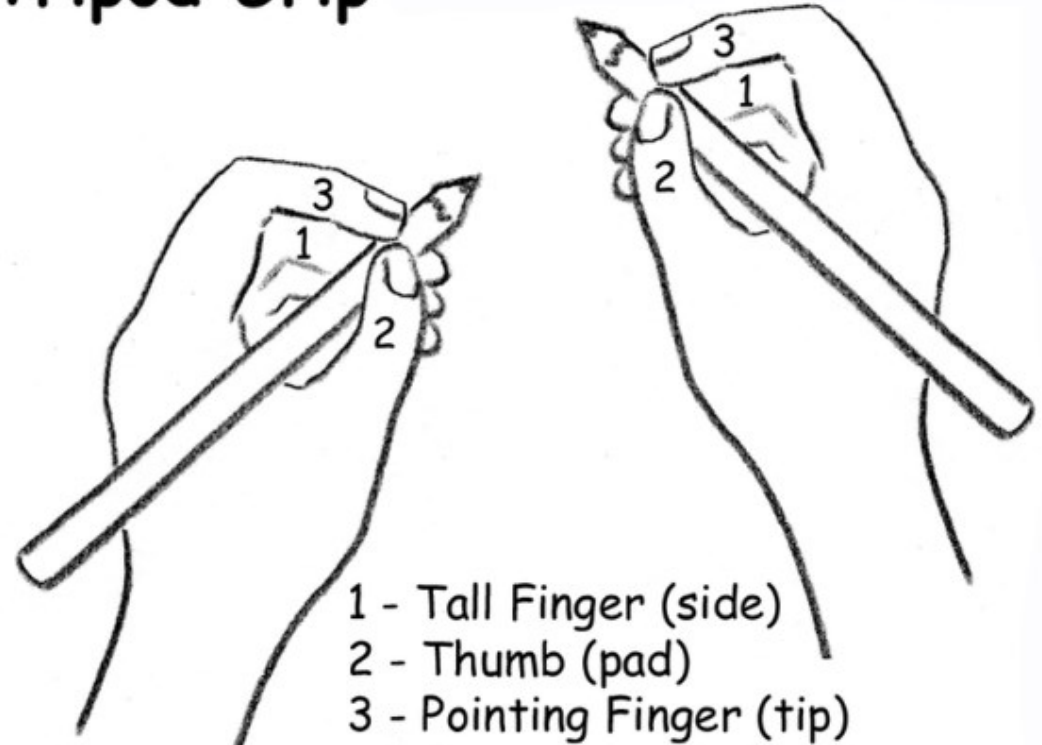
The Tripod Grip

The pencil should be positioned so that there is equal pressure between the thumb, the side of the middle finger and the tip of the index finger.

All fingers are bent slightly. This is called a 'tripod grip' or 'tripod pencil grasp'.

The time-tested, ergonomic method for holding a pencil is the tripod grasp.

Tripod Grip



Don't do this!

